

**THE EPISCOPAL CONVENT OF SAINT HELENA** welcomes women and men as guests for a time of spiritual refreshment and relaxation. Guests may come for scheduled retreats and conferences, for private retreats (with spiritual direction, if desired) or to share a few days in the sisters' life of prayer, work, study and recreation. We welcome guests to our chapel services.

UPON ARRIVAL, please ring the main building doorbell and wait to be greeted. Let us know in advance the approximate time of your arrival so a sister will be available to greet you.

GUEST HOUSE KEYS: You will be given a key to the guest house. When your visit ends, we **ask/implore** that you leave your key in the wood box in the Ascension House kitchen or give the key directly to a sister on the Guest Team. Should you arrive home and find that you took your guest house key with you, please mail it to the Guest Registrar asap.

MEALS: Guests are welcome to join sisters for meals in the convent refectory, daily except Mondays. Breakfast (self serve) follows Eucharist, in silence except Sundays and feasts. Dinner, our main meal, follows Diurnum, served at 12:30 (1:00 on Sundays). A simple supper is available between Vespers and Compline. Fruit, bread, coffee and tea are always available. The guest house kitchen is stocked with food for those who prefer more solitude and silence. All guests will prepare their own food on Mondays.

PRAYER: Guests are invited to join the sisters for four Daily Offices and Eucharist. Eucharist is celebrated daily except Monday. The chapel is always open for prayer and meditation.

LIBRARY: You are welcome to browse our library and use books and periodicals during your stay. The library catalog on the library computer is available to you in searching for books. Please follow the checkout procedures posted on the shelf to the left of the library entrance, **and return all books before the end of your visit!**

SPIRITUAL DIRECTION: Sisters are available by appointment. See separate leaflet.

GROUNDS: The garden and 20 acres of woods provide plenty of gorgeous space to sit outside or to follow the trails through the woods. Enjoy the gazebo and outdoor labyrinth as well.

SILENCE is kept in and around the chapel, including the glassed indoor cloister. All guest bedrooms are silent areas. Sisters and guests observe silence in all areas from 9 pm until breakfast. Please respect the needs of others by participating in the silent times. Private silent retreats can also be arranged.

CONVENT PROGRAMS: For information about upcoming retreats, quiet days, workshops and celebrations, visit the "Events" page of our website or the welcome area of the convent. You may

also request the latest flyer of events from the guest registrar.

RESERVATIONS: For accommodation and program reservations, contact us at:  
706-798-5201 ext 1  
[augustaconvent@comcast.net](mailto:augustaconvent@comcast.net)  
3042 Eagle Drive  
Augusta GA 30906-3326  
**ATTN: Guest Registrar**

COSTS FOR GUEST SERVICES – A separate listing of costs for guest services is available through the guest registrar and at our website. Briefly, we request \$60 per person per night for overnight accommodations.

GUEST HOUSE – Please make your bed when you arrive unless some angel has already done so. At the end of your visit, strip your bed linens, place them in your pillow case, and leave in your room. Place used towels and wash cloths in the basket on top of the washer in the hallway laundry closet.

DAY GUESTS are welcome to all chapel services or for private prayer. We invite those attending Eucharist to stay for breakfast. Please call ahead if you would like to join us for lunch or to make a spiritual direction appointment with a sister.

SMOKING is only permitted in the parking lot, well away from all buildings and the woods.

SISTERS' PRIVACY – Enclosure areas (sisters' bedrooms and offices) and the kitchen are “sister spaces” only. As well, please do not walk near parts of the main building beginning with the carport area.

### TRAVEL DIRECTIONS

By air, Delta, US Air and American Airlines fly into Augusta. Several airlines fly into Columbia SC, 85 miles from Augusta. Shuttle service is available through First Class Transportation (706-737-0665) from Columbia (or Atlanta) to Augusta. By bus, Southeastern Stages provides bus transportation to downtown Augusta.

Please notify us at the time of your reservation if you need us to pick you up at the Augusta airport or bus station.

By Car: From the north and west, take I-20 exit 196A to I-520 (Bobby Jones Expressway). Take I-520 to exit 5B (Rt 1 North), named Deans Bridge Road. From Deans Bridge Road, turn right at the 2<sup>nd</sup> light (at the Circle K station) onto Lumpkin Road. Continue on Lumpkin Road through one traffic light and past two Shelby Road turns. Turn right onto Green Meadows (at Cheeks Tax Service). Green Meadows ends at Eagle Drive. Turn left at the “T” onto Eagle Drive. Continue on Eagle up a hill and past a dead end sign. Veer to the right onto our property as you see the Episcopal Church sign. This is the convent driveway.

### WEEKLY SCHEDULE

7:30 Matins (morning prayer)  
8:00 Holy Eucharist  
8:30 Breakfast (eaten in silence except on Feast Days and Sundays)

Noon Diurnum (midday prayer, 12:30 on Sunday)  
12:30 Dinner (1:00 on Sunday)

5:30 Vespers (evening prayer)  
6:15 Simple supper  
7:00 Compline (prayer for close of day) except on Sunday

PLEASE NOTE: Guests are encouraged to visit between Tuesday and Sunday. Monday is the sisters' sabbath. There are no chapel services or served meals on Monday. You are welcome to stay at the guest house on Monday if you can take care of your own needs. The chapel and grounds are available to you, but other spaces of the main building are not available to guests on Mondays. Thank you for honoring our “day off.”

The sisters keep a silent day each week and ask your participation in the quiet. Wednesday is our day of silence unless a first or second class feast occurs on Wednesday.

## The Episcopal Convent of Saint Helena



*It is for freedom  
that Christ has set you free.*

3042 Eagle Drive  
Augusta GA 30906-3326  
706-798-5201 ext 1

<http://www.osh.org>  
[augustaconvent@comcast.net](mailto:augustaconvent@comcast.net)