

The Episcopal Convent of St. Helena welcomes women and men as guests for a time of spiritual refreshment and relaxation. Guests may come for scheduled retreats and conferences, for private retreats (with spiritual direction, if desired) or to share a few days in the sisters' life of prayer, work, study and recreation.

UPON ARRIVAL, please ring the main building doorbell and wait to be greeted.

ACCOMMODATIONS – Our guest-house, “Ascension House,” provides 2 single rooms and 2 rooms with 2 twin beds. 3 bathrooms are shared. Linens and towels are provided.

MEALS – The guesthouse kitchen is stocked with foods for breakfast and light supper, but breakfast is also available in the refectory following Holy Eucharist. Dinner with the sisters is served at 12:30 (1:00 on Sunday). Please let us know at the time of your reservation if you have dietary restrictions.

PRAYER – Guests are invited to join the sisters for the four Daily Offices of psalms, hymns, prayers and Bible readings. Eucharist is celebrated daily except Monday. The chapel is always open for prayer and meditation.

LIBRARY – You are welcome to browse our library and to use books and periodicals during your stay. Please follow the checkout procedures posted on the shelf to the left of the door.

SPIRITUAL DIRECTION– Sisters are available by appointment. See separate leaflet.

GROUNDS – The garden and 20 acres of woods provide plenty of gorgeous space to sit outside or to follow the trails through the woods. Enjoy the gazebo and outdoor labyrinth as well.

SILENCE is kept in and around the chapel including the glassed indoor cloister. All guest bedrooms are silent areas. Sisters and guests observe silence in all areas from 9 pm until breakfast. Please respect the needs of others by participating in the silent times. Private silent retreats can easily be arranged.

SMOKING is only permitted in the parking lot, away from all buildings and the woods.

COSTS FOR GUEST SERVICES – We request your contribution of \$60 per person per night. A non-refundable deposit of your first night's stay will hold your reservation. Please call if you decide to cancel. This income supports our ministry of hospitality, but we do not

turn away anyone for inability to pay. We are grateful to all who can give generously so that we may provide hospitality for those who cannot give as much. If you are unable to pay \$60 per night, please speak to the guest team to make special arrangements.

RESERVATIONS – Contact us at:

706 798 5201, ext 1
augustaconvent@comcast.net
3042 Eagle Drive
Augusta GA 30906-3326
Attn: Guest Office

DAY GUESTS are welcome to all chapel services or for private prayer. We hope those coming to Eucharist will stay for breakfast. Please call ahead if you would like to join us for lunch or to make an appointment with a sister.

*Peace I leave with you;
my peace I give to you;
a peace
which the world cannot give.*



TRAVEL DIRECTIONS

By Air: Delta and US Air fly into Augusta. Several airlines fly into Columbia SC, 85 mi from Augusta.

By Bus: Southeastern Stages provides bus transportation to downtown Augusta.

Please call ahead if you need us to pick you up at the Augusta airport or bus station. First Class Transportation (706-737-0665) provides ground transportation to and from Atlanta and Columbia SC airports.

By Car: From the north and west, take I-20 exit 196A to I-520 (Bobby Jones Expressway). Take I-520 to exit 5B (Rt 1 North), named Deans Bridge Rd. From Deans Bridge Rd, turn right at the 2nd traffic light (at the 76 Circle K station) onto Lumpkin Rd. Continue on Lumpkin Rd through one traffic light and past two Shelby Rd turns. Turn right onto Green Meadows Drive, also the location of Cheeks Tax Service. Green Meadows ends at a T at Eagle Dr. Turn left at the T onto Eagle Dr. Continue on Eagle up a steep hill past a dead end sign. Veer to the right onto our property as you see the Episcopal Church sign. This is the convent driveway, and you will see our parking lot just past the bend in the road.

WEEKDAY SCHEDULE

7:30 Matins (morning prayer)
8:00 Eucharist
8:30 Breakfast

Noon Diurnum (mid-day prayer)
12:30 Dinner (1:00 Sunday)

5:30 Vespers (evening prayer)
7:00 Compline (prayer for close of day)
except for Sunday

Please note:

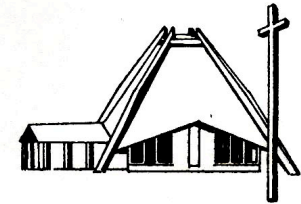
Monday is the sisters' sabbath; there are no chapel services or served meals on Monday.

No Diurnum or Compline on Sunday.

The sisters keep a silent day each week and ask your participation in the quiet.



The Convent of St. Helena



*Those who wait for the Lord
shall renew their strength.*

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Augusta GA 30906-3326
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www.osh.org